ST. CHARLES

MONTHLY NEWSLETTER

AUGUST 2016

With many schools starting at the end of August, now is a good time to start slowly gearing up to hit the books once again. Summer is still kicking, and we hope you have some awesome events and outings planned during these last few weeks. But as you are having fun in the sun there are a few tips and ideas that will ease the dreaded move from summer to school.

Adjust your sleep schedule

One of the most helpful and important tips is to begin getting back into an appropriate sleeping schedule. One of the great aspects about summer is being able to sleep in and not setting an alarm clock. But this can cause problems come school time if you have not been preparing yourself for the early mornings. Getting a good night's rest is essential to having a productive day at school. So start easing into getting up early now. Trust us, it will make all the difference come the end of the month.

Prepare a designated study space

Having a consistent and comfortable space to study can make all the difference when it is time to focus and finish some homework.

Establishing a place in your home before the school year starts will set you up for success. Spend sometime in the coming weeks finding a nice, comfortable spot to work.

Back-to-school shopping

Being prepared for the school year can come in many forms. Whether it is refreshing your wardrobe, or getting the necessary school supplies, doing back-to-school shopping is a must before the first day of school. Many stores have already set up their "back-to-school" departments where you can find a reliable backpack and a trusty No. 2 pencil. This is also a good time to remind you that Maryland's Tax-free week is August 14th-20th. Clothes and shoes under $100 are exempt from tax during that week. Unfortunately handbags, backpacks, jewelery, and watches are excluded from the list of exempt items. For more information you can click here.

ST. CHARLES
at Olde Court

AUGUST 2016

LETTER FROM MANAGEMENT

Dear Residents,

I hope everyone is enjoying their summer. It definitely has been a hot one. **Here are some ways to help to stay cool:**

-Close blinds to avoid direct sunshine.
-Try and not use appliances that produce heat (dishwasher, dryer, oven, etc.) during the extreme temperatures.
-Instead of hot foods, try lighter summer fare including frequent small meals or snacks containing cold fruit or low fat dairy products. As an added benefit, you won't have to cook next to a hot stove.
-Wear loose fit clothing. Cotton clothing will keep you cooler than many synthetics.
-Try storing lotions or cosmetics in the refrigerator to use on hot, overtired feet.
-If the heat is intolerable, stay indoors when you can and avoid activities in direct sunlight or on hot asphalt surfaces. Pay special attention to the elderly, infants, and anyone with a chronic illness, as they may dehydrate easily and be more susceptible to heat-related illnesses.
-Fill a spray bottle with water and keep it in the refrigerator for a quick refreshing spray to your face after being outdoors.

Most importantly, remember to mark your calendar for Saturday, August 27 from 1:00-4:00pm. That's the date of our **Summer Pool Party** at St. Charles at Olde Court. A ticket will be required to attend. We will be sending more info in the near future!

See you soon,
Dawn Stilley
Property Manager

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Want to stay up to date with everything that is going on at St. Charles? Follow us on Facebook and Instagram for upcoming events, give-a-ways, and other awesome features!

STAFF INFORMATION

Property Manager: Dawn Stilley
Asst. Property Manager: Marquicha Wallace
Leasing Consultants: Michael Minor, Cori Drosey, and Kendra Payne
Service Coordinator: Bonnie Coffman
Maintenance Supervisor: Richard Halecki
Asst. Maintenance Supervisor: Robert Meyers
Maintenance Technicians: Carl Newman Jr., Alexis McCray, Bill Foley, and Corey Smith
Porters: Myron Cooper, Tony Taylor, Miguel Colin, and Jordan Richards
Punch-out: Wendell Arnett Sr., Doug Mullikin, and Harvey Thorton

Office Hours
Mon-Fri: 9am-6pm
Saturday: 10am-5pm
Sunday: 12pm-5pm

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